



10K Spring Runoff - Results by Class - 06/11/2017

Rank	Bib	Name	Age	Hometown	Time	OA	Pace
Female Top Three							
1.	3184	Morgan ARRTIOLA	31	Boise ID	54:50.9	12	8:50
2.	3292	Anna Mae FLYNN	30	Marble CO	55:02.1	13	8:52
3.	3087	Addie BRACY	30	Longmont CO	56:44.7	16	9:09
Male Top Three							
1.	3077	Joseph GRAY	33	Colorado Spgs CO	46:47.6	1	7:32
2.	3256	Sage CANADAY	31	Boulder CO	48:04.1	2	7:45
3.	3193	Morgan ELLIOTT	25	Carbondale CO	49:00.4	3	7:54
Female 19 and under							
1.	3007	Lanie SZUCH	13	Evergreen CO	1:03:15.6	31	10:12
2.	3083	Coco SPANGLER	19	Edwards CO	1:33:46.4	193	15:07
3.	3039	Holly HEASSLER	12	Boulder CO	1:48:34.9	216	17:30
4.	3287	Cierra CASE	10	Boulder CO	2:01:26.8	222	19:35
Female 20 to 29							
1.	3232	Nicole MERICLE	29	Boulder CO	58:41.8	20	9:28
2.	3167	Valarie MARTUS	25	Erie CO	1:02:20.8	29	10:03
3.	3255	Carrie VERDON	23	Boulder CO	1:04:03.4	38	10:20
4.	3048	Marina EGOROV	28	Vail CO	1:06:11.8	46	10:40
5.	3086	Jane MAUS	22	Salt Lake Cty UT	1:09:37.7	62	11:13
6.	3084	Emily SELONICK	29	Vail CO	1:10:34.3	71	11:23
7.	3279	Stephanie ANDERSON	27	Denver CO	1:11:45.1	76	11:34
8.	3001	Lauren LASKOWSKI	27	Boulder CO	1:13:33.6	85	11:51
9.	3011	Missy KRAUSE	27	Louisville CO	1:14:49.8	93	12:04
10.	3162	Laurel TODD	20	Estes Park CO	1:15:22.1	97	12:09
11.	3015	Erin WACHTEL	25	Denver CO	1:17:19.6	106	12:28
12.	3080	Brooke FLOERKE	29	Fort Collins CO	1:20:19.1	122	12:57
13.	3100	Kris ZESCHIN	28	Denver CO	1:20:20.9	124	12:57
14.	3170	Michelle JERANKO	27	Colorado Spgs CO	1:23:52.6	143	13:31
15.	3208	Connie LEAF	29	Vail CO	1:24:27.6	148	13:37
16.	3112	Amanda DIXON	25	Edwards CO	1:28:53.5	170	14:20
17.	3173	Stephanie STAHL	23	Denver CO	1:43:05.3	213	16:37
18.	3073	Stacie MESUDA	27	Avon CO	1:52:14.3	218	18:06





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Rank	Bib	Name	Age	Hometown	Time	OA	Pace
Female 30 to 39							
1.	3182	Sara WOODWARD	38	Denver CO	1:03:36.3	34	10:15
2.	3195	Maija ZIMMERMAN	37	HghInds Ranch CO	1:03:56.7	36	10:18
3.	3234	Jaime FALCON	38	Breckenridge CO	1:05:51.9	45	10:37
4.	3191	Jaime BREDE	39	Breckenridge CO	1:07:38.4	54	10:54
5.	3247	Mallory KNELLER	30	Denver CO	1:07:53.0	55	10:57
6.	3199	Holly VANHALLE	31	Golden CO	1:08:01.4	56	10:58
7.	3078	Katie REDDEN	36	Avon CO	1:08:09.7	58	10:59
8.	3228	Kristy FALCON	38	Salida CO	1:09:39.7	63	11:14
9.	3290	Hallie SILBERMAN	38	Avon CO	1:09:58.8	67	11:17
10.	3259	Joy OLSON	30	Aspen CO	1:15:53.2	100	12:14
11.	3282	Sam DELNEGRO	31	Edwards CO	1:15:59.2	101	12:15
12.	3198	Sunny CORRIGAN	37	Vail CO	1:17:09.0	105	12:26
13.	3263	Shelley OSTRANDER	31	Shoreview MN	1:17:35.0	108	12:30
14.	3148	Tracie RUPERT	36	Lafayette CO	1:20:20.9	125	12:57
15.	3251	Lena MATHEWS	37	Baltimore MD	1:21:18.1	131	13:06
16.	3092	Elizabeth MATARESE	33	Vail CO	1:22:42.7	138	13:20
17.	3045	Katie PALAZZOLO	30	Boulder CO	1:24:13.7	145	13:35
18.	3178	Andrey KRIEVES	36	Grand Jct CO	1:24:44.4	150	13:40
19.	3103	Rachel CAMBRAY	39	Grand Jct CO	1:24:44.6	151	13:40
20.	3159	Kim FULLER	30	Minturn CO	1:25:19.1	153	13:45
21.	3111	Aubrie DELLINGER	32	Golden CO	1:25:22.3	154	13:46
22.	3022	Tracy MORTON	32	Lynn Haven FL	1:27:32.0	163	14:07
23.	3185	Amy WHEELER	35	Eagle CO	1:27:47.9	165	14:09
24.	3102	Laura ZAUNBRECHER	34	Boulder CO	1:28:46.0	169	14:19
25.	3240	Leslie PADILLA	37	Lakewood CO	1:28:53.9	172	14:20
26.	3094	Kristine HOFFMAN	38	Boulder CO	1:29:21.6	173	14:24
27.	3291	Cassie HOLMAN	30	Austin TX	1:31:19.5	180	14:43
28.	3202	Sharon COHN	37	Vail CO	1:32:19.3	186	14:53
29.	3242	Madelyn BLUE	36	Louisville KY	1:32:42.5	189	14:57
30.	3243	Erin PARIS	34	Cincinnati OH	1:33:21.2	190	15:03
31.	3139	Megan FISCHBACH	31	Golden CO	1:33:43.7	191	15:07
32.	3053	Leigh BAUER	31	Denver CO	1:35:08.5	195	15:20





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Rank	Bib	Name	Age	Hometown	Time	OA	Pace
Female 30 to 39							
33.	3018	Kelly DAVIES	30	Denver CO	1:35:57.9	196	15:28
34.	3095	Amelia RYAN	34	Grand Jct CO	1:36:08.0	197	15:30
35.	3031	Nora MAY	36	Fort Collins CO	1:36:18.1	199	15:32
36.	3274	Kate BONGIOVANNI	37	Colorado Spgs CO	1:40:05.2	205	16:08
37.	3057	Emily CLARK	32	Lakewood CO	1:40:29.3	206	16:12
38.	3058	Lisa PRZYBYLSKI	33	Chicago IL	1:41:10.7	209	16:19
39.	3028	Shannon GRAHAM	31	Littleton CO	1:42:33.3	212	16:32
40.	3065	Ivie PARKER	35	Denver CO	1:45:37.7	214	17:02
41.	3066	Meredith MAASKE	35	Denver CO	1:45:39.3	215	17:02
42.	3104	Erin THOMPSON	32	Santa Rosa CA	2:09:36.9	226	20:54
43.	3205	Shibani GHARAT	33	Mumbai	2:18:01.0	229	22:15
Female 40 to 49							
1.	3124	Myriah BLAIR	40	Vail CO	1:03:43.6	35	10:16
2.	3107	Gretchen REEVES	45	Avon CO	1:12:55.1	84	11:45
3.	3044	Michelle BENGÉ	49	Denver CO	1:13:33.7	86	11:51
4.	3261	Helen COSPOLICH	40	Breckenridge CO	1:14:38.0	90	12:02
5.	3136	Sharon OGRADY	44	Vail CO	1:15:35.5	98	12:11
6.	3128	Natalie LEE	41	Vail CO	1:18:00.6	110	12:35
7.	3225	Denise DAYAN LORENZEN	49	Chicago IL	1:24:18.8	146	13:36
8.	3284	Alejandra ALDUNATE	48	Avon CO	1:25:44.3	155	13:49
9.	3101	Melissa KARCH	42	Longmont CO	1:27:31.1	162	14:07
10.	3280	Shawna LINSTEDT	45	Fort Collins CO	1:27:38.3	164	14:08
11.	3042	Gina CROSSWHITE	45	Bellingham WA	1:30:40.2	177	14:37
12.	3186	Cathy CONDIE	47	Shoreview MN	1:31:46.1	183	14:48
13.	3098	Cheryl KOHN	48	Avon CO	1:32:05.2	184	14:51
14.	3192	Robin NASH	45	Avon CO	1:38:56.2	203	15:57
15.	3212	Jodi NAGLE	44	Avon CO	1:40:33.5	207	16:13
16.	3286	Christine CASE	48	Boulder CO	2:01:26.8	221	19:35
17.	3059	Michelle STOPAK	45	Omaha NE	2:02:27.7	223	19:45
18.	3036	Kristin GARCIA	40	Pompano Beach FL	2:09:59.5	227	20:58
19.	3181	Gretchen SCHULTZ	47	Boulder CO	2:22:15.4	231	22:56
20.	3038	Rachel HEASSLER	49	Boulder CO	2:22:15.7	232	22:56





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Rank	Bib	Name	Age	Hometown	Time	OA	Pace
Female 50 to 59							
1.	3270	Cindy ONEILL	55	Manitou Spgs CO	1:14:17.0	89	11:58
2.	3126	Lisa GONZALES GILE	59	Vail CO	1:29:59.0	175	14:30
3.	3220	Sue BARDSLEY	56	Eagle CO	1:35:06.0	194	15:20
Female 60 and over							
1.	3035	Mary CASE	63	Gulfstream FL	2:09:59.8	228	20:58
2.	3211	Ellen COLRICK	68	Vail CO	2:42:50.8	233	26:16
Male 19 and under							
1.	3265	Joe HOREN	19	Avon CO	53:34.8	11	8:38
2.	3268	Koby PEDERSON	19	Rch Cucamonga CA	55:02.2	14	8:52
3.	3210	Franklin REILLY	18	Edwards CO	59:31.8	22	9:36
4.	3281	Luke LINSTEDT	16	Fort Collins CO	1:19:14.5	116	12:46
5.	3278	Summit STARON	14	Boulder CO	1:32:28.6	187	14:55
6.	3047	Dylan GARCIA	11	Pompano Beach FL	2:05:50.7	225	20:17
Male 20 to 29							
1.	3109	Austin BOGINA	23	Arma KS	51:11.3	4	8:15
2.	3168	Matt DANIELS	29	Boulder CO	51:25.8	5	8:17
3.	3135	Chad PALMER	25	Alamosa CO	52:31.0	7	8:28
4.	3248	Collin CHARTIER	23	Burke VA	53:08.1	9	8:34
5.	3230	Ryan PETRY	25	Boulder CO	57:26.9	17	9:16
6.	3156	Zachary HOLLOWAY	23	Alamosa CO	58:24.6	19	9:25
7.	3096	Nate MADDOX	20	Gunnison CO	59:42.7	23	9:37
8.	3271	Connor HATFIELD	24	Talbott TN	1:00:33.9	25	9:46
9.	3108	Michael HAND	27	Vail CO	1:03:34.0	32	10:15
10.	3174	Eric Cates CATES	27	Avon CO	1:03:35.7	33	10:15
11.	3127	Paul YOUNG	26	Normandy Park WA	1:06:12.6	47	10:40
12.	3163	Jake SALTER	22	Estes Park CO	1:06:36.1	48	10:44
13.	3147	Spencer SHELLBERG	22	Dewitt MI	1:09:56.6	66	11:16
14.	3160	Benjamin MYERS	24	Boulder CO	1:10:06.2	68	11:18
15.	3189	Dalan FAULKNER	22	Rowlett TX	1:11:49.9	77	11:35
16.	3262	Justin BLOMBERG	27	Kingston OK	1:12:28.3	80	11:41
17.	3267	Alec GIRTEN	22	Breckenridge CO	1:12:49.9	83	11:44





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Male 20 to 29							
18.	3105	Forrest GRAVES	26	Bend OR	1:14:49.6	92	12:04
19.	3269	Thomas PRITCHARD	27	Mequon WI	1:17:19.8	107	12:28
20.	3037	Gabriel STARR	26	Albany OR	1:18:12.4	112	12:36
21.	3081	August FLOERKE	29	Fort Collins CO	1:20:17.5	121	12:57
22.	3176	Alexander LESLIE	21	Redmond WA	1:20:38.7	128	13:00
23.	3137	Tom BOEHMS	26	Vail CO	1:20:39.5	129	13:00
24.	3194	Scott PELLER	27	Denver CO	1:22:14.6	135	13:16
25.	3179	Crockett WILLIAMS	25	Boulder CO	1:23:52.1	142	13:31
26.	3085	Connor LUND	25	Vail CO	1:24:04.8	144	13:33
27.	3049	Jing Kun ZHANG	27	Qingdao	1:24:36.8	149	13:38
28.	3273	Matthew KIMBALL	28	Nashville TN	1:26:30.1	159	13:57
29.	3214	Andrew FOLKEN	24	Colorado Spgs CO	1:28:40.3	168	14:18
30.	3138	Michael FISCHBACH	29	Golden CO	1:33:44.0	192	15:07
31.	3145	Kearny TSE	25	La Puente CA	1:39:09.1	204	15:59
32.	3249	Joshua SAMAYOA	26	Bordentown NJ	1:42:12.2	211	16:29
33.	3252	Preston MANN	25	Castle Rock CO	1:59:11.6	220	19:13
Male 30 to 39							
1.	3169	Guy ALTON	32	Boulder CO	52:09.4	6	8:24
2.	3239	Sean VAN HORN	30	Carbondale CO	52:54.3	8	8:32
3.	3197	Kurt ROESER	30	Superior CO	53:34.6	10	8:38
4.	3217	Branden RAKITA	36	Colorado Spgs CO	56:35.4	15	9:07
5.	3289	Lucas CRESPIAN	32	Steamboat Spr CO	59:57.3	24	9:40
6.	3040	Eric HOLMLUND	38	Loveland CO	1:00:40.0	26	9:47
7.	3200	Ryan VANHALLE	33	Golden CO	1:01:44.5	27	9:57
8.	3008	Peter KRZANOWSKY	39	Evergreen CO	1:04:01.8	37	10:19
9.	3002	Charles GARABEDIAN	35	Boulder CO	1:05:10.7	42	10:30
10.	3209	Timothy STUBBS	36	Avon CO	1:05:40.2	44	10:35
11.	3106	David TROW	38	Denver CO	1:06:37.6	49	10:44
12.	3023	Courtney HERRE	38	Denver CO	1:08:09.7	57	10:59
13.	3144	Nat HARWARD	31	Midvale UT	1:08:50.2	59	11:06
14.	3097	Jonathan ZESCHIN	31	Denver CO	1:09:10.9	61	11:09
15.	3224	Walter BLESER	37	Vail CO	1:09:52.3	65	11:16





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Male 30 to 39							
16.	3177	Joshua METZL	38	Denver CO	1:10:25.6	69	11:21
17.	3164	Brad FORTH	37	Vail CO	1:10:31.3	70	11:22
18.	3050	Mike NEUSTEDTER	31	Boulder CO	1:11:01.6	72	11:27
19.	3070	Evan JONES	30	Golden CO	1:11:26.1	74	11:31
20.	3250	Nikken CULLMAN	35	Vail CO	1:12:12.2	79	11:38
21.	3207	Tim MT PLEASANT	33	Avon CO	1:14:03.6	88	11:56
22.	3009	James COUNTRYMAN	33	Denver CO	1:14:59.5	94	12:05
23.	3201	Tom STRANDNESS	36	Colorado Spgs CO	1:15:12.7	95	12:07
24.	3149	Justin COMPTON	38	Lafayette CO	1:15:50.3	99	12:14
25.	3206	Charles MC CASH	39	Louisville CO	1:16:45.6	104	12:22
26.	3272	Peyton BOWEN	38	Vail CO	1:17:46.9	109	12:32
27.	3244	Robert STOOPS	38	Vail CO	1:18:07.7	111	12:36
28.	3254	Vernon HILL	36	Fort Collins CO	1:20:13.2	120	12:56
29.	3014	Michael BENGE	33	Denver CO	1:21:00.9	130	13:04
30.	3219	Clay MATHRE	31	Boulder CO	1:21:46.5	132	13:11
31.	3054	Jordan BAUER	31	Denver CO	1:23:11.2	139	13:25
32.	3134	Timothy MCDONALD	37	Arvada CO	1:26:14.9	157	13:54
33.	3285	Andy STALLINGS	37	Portland OR	1:26:18.9	158	13:55
34.	3115	Denis DE SOUZA JR	34	Vail CO	1:26:55.1	161	14:01
35.	3003	Kristopher BEALS	31	Noblesville IN	1:28:37.0	167	14:17
36.	3241	Seth HAMILTON	36	Lakewood CO	1:28:53.8	171	14:20
37.	3172	Lee BUSSE	35	Golden CO	1:31:31.4	181	14:45
38.	3283	Chris GERSBACH	37	Avon CO	1:32:18.4	185	14:53
39.	3005	Randy BOSLER	37	Medford NJ	1:32:38.8	188	14:56
40.	3188	Nick MAHAFFEY	37	Avon CO	1:36:48.7	200	15:36
41.	3061	Daniel OTTO	33	Chicago IL	1:37:31.2	201	15:43
42.	3175	Jared LIEBERMAN	37	Philadelphia PA	1:41:07.5	208	16:18
Male 40 to 49							
1.	3237	Michael DORR	41	Avon CO	57:30.2	18	9:16
2.	3276	Ryan MCMULLEN	41	Colorado Spgs CO	59:00.6	21	9:31
3.	3155	Tim JACOBSON	47	Avon MN	1:01:49.2	28	9:58
4.	3157	Trever TOWNSEND	40	Atlanta GA	1:04:32.1	39	10:24





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Male 40 to 49							
5.	3151	Rick GREGORY	41	Leadville CO	1:04:46.2	40	10:26
6.	3143	Joe VALLESE	47	Phoenix AZ	1:05:04.9	41	10:29
7.	3012	Steven UECKER	43	Golden CO	1:05:23.1	43	10:32
8.	3129	Kevin LEE	41	Vail CO	1:06:40.1	50	10:45
9.	3141	Brian GUMKOWSKI	44	Carlsbad CA	1:07:08.3	52	10:49
10.	3229	Andrew GRAUCH	46	Nederland CO	1:07:33.5	53	10:53
11.	3180	Brian KLATT	40	Vail CO	1:09:07.4	60	11:09
12.	3221	Matt JOHNSON	49	Eagle CO	1:09:45.7	64	11:15
13.	3132	Michael ABRAHAM	41	Baltimore MD	1:11:13.0	73	11:29
14.	3082	Dan LINDSEY	47	HghInds Ranch CO	1:11:33.5	75	11:32
15.	3235	Corey JENSEN	48	Niwot CO	1:11:49.9	78	11:35
16.	3056	Lee MEBEL	41	Golden CO	1:12:36.8	81	11:42
17.	3227	Kevin ANDRUS	42	Westminster CO	1:12:45.8	82	11:44
18.	3091	Nick WILDER	45	Boulder CO	1:13:43.1	87	11:53
19.	3275	Bobby COOPER	41	Louisville KY	1:15:15.4	96	12:08
20.	3110	Javier BRAUN	43	Santa Monica CA	1:18:47.2	113	12:42
21.	3140	Raul RUEDA	43	San Antonio TX	1:19:00.9	114	12:44
22.	3030	Alex MAY	42	Fort Collins CO	1:19:05.8	115	12:45
23.	3171	Scott JOHNSON	44	Denver CO	1:19:27.3	118	12:49
24.	3076	Stephen FAIRHURST	48	Thunder Bay ON	1:20:20.1	123	12:57
25.	3222	Tom PIRO	41	Mill Valley CA	1:20:30.5	127	12:59
26.	3099	Jarrold WEATON	48	Longmont CO	1:21:58.9	133	13:13
27.	3131	Jason RANDALL	45	Eagle CO	1:22:07.6	134	13:14
28.	3088	Ryan MURDOCK	41	Austin TX	1:22:24.4	136	13:17
29.	3245	Mike GRIFFIN	41	Vail CO	1:22:38.1	137	13:19
30.	3090	Brett JOHNSON	40	Cumming GA	1:23:45.4	140	13:30
31.	3146	Ralph NURSE	40	Crown Point IN	1:23:48.5	141	13:31
32.	3288	Jeff ANDREWS	47	Denver CO	1:24:22.1	147	13:36
33.	3183	Bill NUTKINS	42	Edwards CO	1:24:55.8	152	13:42
34.	3226	Jeremy MARTINEZ	40	Albuquerque NM	1:26:08.6	156	13:53
35.	3075	James CANTOR	43	Denver CO	1:26:50.6	160	14:00
36.	3158	Chris CARTER	46	Loveland CO	1:28:08.1	166	14:13





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37.	3052	Matthew SMITHROCK	42	Denver CO	1:30:24.3	176	14:34
38.	3043	Richard MIDDAUGH	44	Bellingham WA	1:30:40.3	178	14:37
39.	3017	Chris ROMER	42	Vail CO	1:31:37.0	182	14:46
40.	3277	Jeff STARON	48	Boulder CO	1:36:14.0	198	15:31
41.	3051	Keven REIJONEN	44	Vail CO	1:38:56.2	202	15:57
42.	3218	Josh HOWARD	41	Arvada CO	1:41:57.2	210	16:26
43.	3027	Jose TORRES	47	Indianapolis IN	1:48:39.9	217	17:31
44.	3079	Thad BARTLEY	48	Partridge KS	1:59:00.7	219	19:11
45.	3264	Scott MANN	45	Castle Rock CO	2:20:40.4	230	22:41
Male 50 to 59							
1.	3203	Dan NIELSEN	55	Avon CO	1:03:04.6	30	10:10
2.	3093	Jim TELLING	59	Avon CO	1:06:58.1	51	10:48
3.	3089	Karl EDGERTON	54	Vail CO	1:14:49.6	91	12:04
4.	3133	Steve O'CONNOR	54	Petersburg IL	1:16:07.1	102	12:16
5.	3004	Bobby MEALEY	51	Norwood MA	1:16:26.0	103	12:19
6.	3236	Mike BRYGGER	50	Grand Jct CO	1:19:52.0	119	12:53
7.	3019	Mark SUKOWSKI	55	Colorado Spgs CO	1:29:27.3	174	14:25
8.	3020	Robert PHILLIPS	55	Denver CO	1:31:06.1	179	14:41
Male 60 and over							
1.	3166	Elliott HENRY	71	Frisco CO	1:19:14.6	117	12:46
2.	3204	Paul FREEMAN	62	Carbondale CO	1:20:27.0	126	12:58
3.	3026	Marlin SMICKLEY	78	Edwards CO	2:04:16.7	224	20:02

Number of records: 233

